



I.P.N.R.C.

Basic 40 Hour Prep Course

October 1 – 5, 2008

*Christ the King Spiritual Life Center
575 Burton Road
Greenwich, New York 12834*

What is the I.P.N.R.C.?

The International Parish Nurse Resource Center (IPNRC) is a strong leader in parish nurse education, consultation and research, serving parish nurses and parish nurse programs around the United States and abroad. It is part of Deaconess Parish Nurse Ministries of St. Louis, Missouri.

What is Parish Health Ministry?

Parish Health Ministry is the intentional integration of the practice of faith with the practice of nursing and good health so that people can achieve wholeness in, with and through the community of faith.

Who can do Health Ministry?

Anyone can be a Health Minister who has a desire to see their Faith Community healthy in body, mind and spirit. There are many very gifted Health Ministers within all churches. However, to be called a Parish Health Nurse (or Faith Community Nurse), you must be a Registered Nurse with a current, active license and you must take the 40 Hour Basic Prep. Course. However, Registered Nurses who have not taken the course can still be Health Ministers.

Some of the functions of a Parish Health Minister or Parish Health Nurse are:

- 1) Integrator of Faith & Health- in all activities and contacts, the parish nurse seeks to promote the understanding of the relationship between faith & health.*
- 2) Health Educator-promotes an atmosphere where individuals of all ages, through a variety of educational activities, explore the relationship between values, attitudes, lifestyle, faith and health.*
- 3) Personal Health Counselor-discusses health issues and problems with individuals; makes home, hospital and nursing home visits as needed.*
- 4) Referral Agent & Liaison with Congregational & Community Resources-referrals are provided to other congregational resources as well as those found in the community at large.*
- 5) Facilitator of Volunteers-recruits, coordinates and resources volunteers within the congregation to serve in various health ministries.*
- 6) Developer of Support Groups-facilitates the development of support groups for members of the faith community and people from the external community.*
- 7) Health Advocate-the parish nurse works with the client, faith community and primary health resources to provide what is in the best interest of the client from a whole person perspective, listening and supporting the client to do what they can do and being their voice when they seem to have none.*

Who should do the Basic Prep Course?

Any person who has a desire to help people live a healthy, faith-filled life or has the desire to help those with health issues and in need of finding proper resources should consider taking the course. The course includes 20 modules that prepare each person to do Health Ministry within not only his/her church, but in the community as well.

For further information, please contact: Micki Thomas

*Education Coordinator
Albany Diocese Parish Health Ministry
rmthom@netzero.com or 518-692-2753*

Application Form for 40 Hour Basic Prep. Course

Name: _____

Address: _____

Telephone #: _____ **Email address:** _____

Parish/Faith Community: _____

Cost: \$250 for the course and all materials

Room & Board: \$395 (includes dinner Tuesday night through lunch Sunday)

(Partial scholarship available upon request)

Application deadline: September 14, 2008

Course limited to 20 attendees

Briefly explain why you would like to attend this course: _____

Please mail completed form & check made to: Albany Diocese Health Ministry
Micki Thomas, Education Coordinator
2836 State Route 40N
Greenwich, New York 12834

Questions: 518-692-2753 or rmthom@netzero.com

